

## About negative energies and entities

by Jan Erik Sigdell

It appears that today people are increasingly influenced by negative entities. It seems to happen more often than earlier and is not rarely discovered in regression sessions. I wrote a book about this (in German), entitled [Unsichtbare Einflüsse](#) (*Invisible Influences*).

Why does that happen? Such entities seem to “enjoy” manipulating us but they also do it to take energies from us, life energy and energies of negative emotions. They feed vampirically on us.

It also looks like these negative entities are becoming more aggressive. One reason for this could be that CERN opens portals to other dimensions, cf. [Opening the door to other dimensions](#) (point 6 on that website). Are we unwittingly opening the borders of our Earth and its humanity? What kind of a migration does then take place? Are we opening Pandora’s Box?

*They invited hordes and could not get rid of them...??*

There is today much writing and talk in the Internet (and elsewhere) about us being in an end-time. This may be so. Prophecies and certain signs seem to confirm that. Then also these entities will know that there is not much time left for them to satisfy their cravings. They will know that if it really comes to a partial end (wars, catastrophes, existential crises) of humanity it will also be an end for them! Thus they do whatever they want as long as they still have time ... since in some future there will no more be a lot of humans left.

How can one protect oneself against them?

In my opinion, the most effective protection is something many do not want to hear about. They do not believe in a God but strangely enough rather in a devil... Maybe they are disappointed by God since he apparently does not intervene to help people in emergency and despair. Why does he let that happen? Many then rather turn to Satanism – or devote themselves in other ways to “dark” subjects. Then there is no wonder that they attract negative entities...

Who feels disappointed about God does not know who God really is. He believes in Yahweh as told by the Church, but the Church does not teach us true Christianity! Cf. this text. The doctrine of the Church is a falsification of what Jesus taught! And Jesus is not the son of Yahweh. His “father” is the true original creator God, above Yahweh, with the Hebrew name El Elyon. See the text mentioned! And who, then, is Christ? He is the first creation and in my view the love of the creator. Jesus is not an incarnation of Christ, but a messenger sent by him who Yahweh had killed to silence the message...

The most effective protection is that we turn towards the real Christ and not the fake Christ of the Church. It is that we decide to belong to him and to be in his light. Then we can so much truly pray that angels come out of his light to liberate us from negative influences and keep them away from us. “I belong to the true Christ and negative entities have nothing to seek from me!” That should also be in real conviction out of the heart and not like “I’ll give it a try, and if not...” or “He shall help me first, and then we will see...”

The one, however, who turns towards the dark side or even Satanism, may for a start really have success in business, as an actor, an artist, and so on, but with a heavy mortgage. It is like having taken a loan that after death has to be paid back with extremely high interest...

So why, then, does Christ allow all that is going on in this world happen? Can he not do something about it? Or does he not care? In my view this is a matter of *choice* by each of us, of a *decision*. We must sincerely choose side: light or darkness. This also means: to act out of the heart, or participate in the evil of the world, and also to think with the heart and not only rationally.

Where else can there be hope? Who does not believe in a life after death has no hope anyway. And what can the one expect who believes in an afterlife but devotes himself or herself to darkness? Has such a person actually sold the soul, or really become truly free? Immediately, or rather after a long process of [Recycling](#)? Or **NEVER AGAIN?**